If you’ve been assaulted

Take care of yourself. You have a right to get the care and attention you need to heal from the experience. Remember that you are not to blame for what happened. No matter what you did or how you behaved, you did not deserve to have your rights or body violated.

Tell someone what happened. Talk to a friend or trusted confidant, the Victim Advocate, or call one of the other local resources (see list inside).

Get medical care. As soon as you can, get medical attention. You will benefit from being examined for physical injury and disease. Gannett Health Services offers phone consultation 24 hours a day, 7 days a week (255-5155) and staff are available for appointments during business hours. (Visit www.gannett.cornell.edu for hours and services.)

Consider making a report. You can notify the Cornell Police (255-1111) or the Ithaca Police Department (272-3245). Filing an informational report does not obligate you to press charges. Should you choose to press charges later, a report will significantly increase the possibility of a successful prosecution. The Judicial Administrator (255-4680) is available to consult with you about violations that occur at Cornell. If the perpetrator is a member of the Cornell community, you may want to talk to J.A. to find out what options are available and what campus judicial actions can be taken.

Have you experienced:

- A sexual assault, rape, harassment, or other sexual offense?
- A bias or hate-related crime?
- Any other incident that caused you physical or mental trauma?

You don’t have to deal with it alone.

607 255-1212
victimadvocate@cornell.edu
www.gannett.cornell.edu/VA
Need information?
If you have been the victim of assault, rape, sexual harassment, a bias-related or other incident, you may be experiencing some difficulty:

- Completing assignments
- Eating and/or sleeping
- Participating in social activities
- Dealing with people
- Doing your job

While feeling this way is a completely normal reaction to traumatic events, trying to resolve these issues on your own and deal with related concerns can be overwhelming. Consider contacting the Victim Advocate for resources, support and/or referral.

About the program
The Victim Advocacy Program is a University-supported service, conveniently located in Gannett Health Services on central campus. It is dedicated to assisting any member of the Cornell community who has been the victim of a crime or other traumatic incident, regardless of where it occurred. The service is free and client-centered. The Victim Advocate does not keep formal records for Gannett or for the University.

Support & Resources

Support
The Advocate can:

- provide an opportunity for you to talk about what happened.
- help you consider your options and resources.
- connect with campus, community, and state resources for counseling and advising.
- serve as a liaison with department, college, or university offices.
- communicate with university staff and faculty on your behalf.
- offer ongoing support by accompanying you to meetings, court hearings, or serving as a liaison with law enforcement or court personnel, etc.

Referral
The Victim Advocacy Program cannot assist with every type of crime or conflict. The following are examples of cases that may be referred to other helpful campus or community resources:

- crimes against property
- tenant/landlord disputes
- roommate differences or quarrels
- instances of individuals who feel they have been treated unfairly by professors, teaching assistants, or supervisors

Contact

Hours: Monday–Friday, 10 a.m.–5 p.m.
Phone: 607 255-1212
E-mail: victimadvocate@cornell.edu
Note: e-mail is not recommended for confidential communication.

The Victim Advocacy Program is not a crisis service. In an emergency or other urgent situation, call 911 or the CU Police at 255-1111.

Resources

On campus
Gannett Health Services
110 Ho Plaza
(medical and mental health services, and 24 hour phone consultation) 255-5155
Cornell University Police
G2 Barton Hall, 255-1111 (24 hours)
Faculty Staff Assistance Program (FSAP)
255-COPE (2673)
Judicial Administrator
120 Day Hall, 255-4680
In the Ithaca community
Cayuga Medical Center
- General: 274-4011
- For Sexual Assault Nurse Examiner (SANE) or the Emergency Department: 274-4411
The Advocacy Center
(domestic violence and sexual abuse services)
277-5000 (24 hours)
Suicide and Crisis Counseling Line
272-1616 (24 hours)