Got what you need?

Self-care items for the flu

1. a digital thermometer
2. alcohol-based hand sanitizer (≥60% alcohol)
3. acetaminophen or ibuprofen (not aspirin)
4. throat lozenges
5. cough medicine
6. decongestant
7. soft tissues

Talk with a pharmacist to be sure your medicines mix safely.

Gannett Pharmacy (business hours): 255-6976
Gannett Pharmacy (refills): 254-MEDS; 4-6337

More info: www.gannett.cornell.edu