Joining a group shouldn't put your health at risk.

If an initiation is harming your physical or emotional health, talk with us today.

There may be many reasons why you’re reluctant to share what you’re experiencing.

“ They keep telling me it’s almost over.”

“ I want it to stop, but I don’t want to get the group in trouble.”

“ I want to prove to myself that I can do it, but I also wonder what would happen if I just walked away.”

“ They made us promise not to tell anyone.”

This is a safe place to talk.

For more info: www.hazing.cornell.edu

Health Services
255-5155 anytime (24/7)
www.gannett.cornell.edu