“Your well being is the foundation on which your success is built. If you learn anything at Cornell, please learn to ask for help.”

—David J. Skorton, President
You can make a difference to someone in distress.

Notice. Respond.

Reaching out to others makes Cornell an even more caring community.
Wherever there is a human being, there is an opportunity for a kindness. —Seneca

Notice. Respond.

Reaching out to others makes Cornell an even more caring community.
“Most people attain their greatest success just one step beyond their greatest failure.” —Napoleon

Hang in there!