MRSA
methicillin-resistant Staphylococcus aureus

Facts About MRSA

It is a type of staph bacteria
It can be found on the skin of many healthy people
It doesn’t typically cause dangerous infection in healthy people
It commonly causes infection after an injury, like a cut or scrape
It can be treated by your doctor with alternative antibiotics

Identifying MRSA
A MRSA infection may look like a pimple, boil, or spider bite. Look for these signs to know when to seek medical attention for a skin injury:
Redness or swelling
Slightly painful to the touch
Oozing with puss or fluid
Rapidly progressing infection

But most importantly
protect the team

Cuts, scrapes, bruises - yup, it happens.
When you’re in the game these can’t be avoided but infections can be. Protect your team from MRSA with these simple rules.

+ Keep personal items personal! Don’t share towels, sports equipment, razors, clothes, etc.
+ Keep any wound covered and clean until it has fully healed.
+ Avoid contact with others’ wounds or bandages.
+ As a general rule, always maintain good hand-washing habits.
+ If you have any questions regarding MRSA or a potential staph infection, contact your physician.

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