ZIKA VIRUS

Pregnant women should not travel to Zika areas. Here’s what you need to know if you must travel.

Before You Travel
Talk to your healthcare provider about the risks of Zika virus.
Learn how to protect yourself from mosquito bites.

When Traveling
Avoid travel to places where Zika is present.
Otherwise, use an insect repellent and wear protective clothes.

If You Have Traveled
If you are pregnant you can get tested.
Talk to your healthcare provider about Zika symptoms and your need for a test for the virus.

Get the FAQs on Zika Virus:
NY State Hotline: 1-888-364-4723

Cornell Travel Registry
travelregistry.cornell.edu

Gannett Health Services
gannett.cornell.edu
(607-255-5155)

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