Healthy & Disordered Eating

Speaker Series

2/23 Amanda Symons and Lauren Nickerson, Gannett: “Body Image and Perfectionism”

3/2 Student Discussion: “Mythbusting Diet Dilemmas”

3/9 Dr. Cristen Haltom: “Body Image and Becoming Body Mindful”

3/23 Harry Segal: “Influence of Family on Adolescent Development and Eating Disorder Treatment”

4/6 Clint Wattenburg: “Fueling for Daily Performance”

4/13 Student Speak Out

Sedars

Sponsored by Cornell Minds Matter and Students for Eating Disorder Awareness, Support, and Recovery

Free and open to Public

Questions? Contact Kathleen kan53 or Jessica jcc329